

**ERASMUS + BLENDED
INTENSIVE PROGRAMME**

**WORLD'S
AGROECOLOGIES:
UNITED TO FACE
GLOBAL CRISES**

**VISEU, PORTUGAL
MAY & JUNE 2025**

www.ipv.pt



Funded by
the European Union

| BIP AGROECOLOGY AND SUSSTAINABLE FOOD SYSTEMS - 2025

| WORLD'S AGROECOLOGIES, UNITED TO FACE GLOBAL CRISES

1. Online component

Starting on May 12th until June 25th.

		Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
May	Day						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	Duration (Hours)																																				
June	Day	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						
	Duration (Hours)																																				

Online component asynchronous

Online component synchronous

Face to face component (Viseu, Portugal)

Students need to **attend the synchronous sessions** (at least 2 sessions during the face to face component plus the final session on 25th June) and **realize a minimum of 10 asynchronous modules** and **complete the respective tasks**.

The **synchronous sessions** will occur **each Wednesday at 5 p.m. (Lisbon time)**, on the videoconference room (<https://videoconf-colibri.zoom.us/j/95627427067>)

The **asynchronous modules** will be available on the Moodle platform. Students may choose freely between the lessons (**a minimum of 10 modules**). The themes included in the program are (**a detailed program will be presented during the first online session**):

1. Being and doing agroecology (Evolution, concepts, components of agroecology/ communication and facilitation of agroecology: techniques and dynamics for knowledge sharing)
2. Feeding life and health (Health and wellbeing through sustainable food diets and systems and communities)
3. Building sustainable food systems (construction, restoration, conservation, technical roadmaps and agroecological practices)
4. Be a farmer. Knowledge, vision and risks (social, health, economic, cultural)
5. Agriculture, environment and resilience of sustainable food systems (ecosystem services, climate change, depopulation, circular economy and SFS)
6. Agroecological public policies in the world: consonances and dissonances
7. Agroecology social movements and political dynamics (Agriculture and the human right to food, adequate nutrition - DHANA, gender equality and the role of women in agriculture)
8. Communicate and advocate for agroecology and sustainable food systems (communication and knowledge, stakeholder involvement, community and participatory approach)
9. Design sustainable food systems projects (from production to consumption, from individuals to communities, from health to environment)

2. Face to face component

The face to face component will include **several participative and collaborative sessions to discuss the topics that are on the next table, field visits, cultural events**. Each day, students will be able to experience the food products that each farm produces, in each agroecological system. Students may be prepared with appropriate shoes, clothes and hats, and also with sun cream and water.

Face to face program (a detailed and final program will be presented during the last online session)

Theme	Day	Place
Agroecology with friends Students and professors reception. Building a agroecology community	Monday, June 8 th (18 - 20 hours)	Fontelo park
1. Being and doing agroecology (Evolution, concepts, components of agroecology/ communication and facilitation of agroecology: techniques and dynamics for knowledge sharing) 2. Feeding life and health (Health and wellbeing through sustainable food diets and systems and communities)	Sunday, June 9 th (14 – 21 hours)	School of agriculture Agroecology night brunch (Viseu)
6. Agroecology social movements and political dynamics (Agriculture and the human right to food, adequate nutrition - DHANA, gender equality and the role of women in agriculture) 7. Civil society and political dynamics (Agriculture and the human right to food, adequate nutrition - DHANA, gender equality and the role of women in agriculture)	Tuesday, June 10 th (14 – 21 hours)	D. Alcina Biocultural memories from a family farm and Quinta da Cerca How to build a community project (Nelas)
4. Be a farmer. Knowledge, vision and risks (social, health, economic, cultural) 5. Agriculture, environment and resilience of sustainable food systems (ecosystem services, climate change, depopulation, circular economy and SFS)	Wednesday, June 11 th (14 – 21 hours)	Quinta do Arminho CSA farm (Mangualde) e Casa da Ínsua Cheese producers (Penalva do Castelo)
9. Design sustainable food systems projects (from production to consumption, from individuals to communities, from health to environment)	Thursday, June 12 th (14 – 21 hours)	Ecoseiva Organic vegetable farm e Casa de Mouraz Biodynamic wine producer (Tondela)
8. Communicate and advocate for agroecology and sustainable food systems (communication and knowledge, stakeholder involvement, community and participatory approach)	Friday, June 13 th (14 – 21 hours)	Origens Project (Orgens, Viseu)
Agroecology and food sustainable systems farewell. Building a final message together	Saturday, June 14 th (9 – 11 hours)	Fontelo park

For the face to face, students may:

- Bring some traditional food from their country/region, that is necessary for the activity **‘The agroecological table’**
- Share an **example of a agroecology experience or of a sustainable food system that they know of**, that is necessary for the final work. Students may bring the information in different formats (pictures, videos, texts, etc)
- Send a postcard (in paper) with your expectations for the BIP program. The address is:

Cristina Amaro da Costa

Escola Superior Agrária de Viseu, Estrada de Nelas, 3500-606 Viseu, Portugal

2. Final assessment and evaluation

To receive the final certification, students need to:

- a. Attend at least 3 of the 5 synchronous sessions that will occur each Wednesday.
- b. Assist and complete at least 10 modules that are available on the platform
- c. Assist at least 70% of the face to face component
- d. Participate in the activities proposed during the face to face component
- e. Deliver and present the final assessment (to will be agreed during the face to face week) on June 26th during the final online session.

The final grade will be presented as approved with merit (for students that have fulfilled a., c., d., and e. and more that 75% of the synchronous modules), approved (for students that have fulfilled a., c., d., and e. and less than 75% of the synchronous modules), and failed for students that have failed the items referred above.



Funded by
the European Union

www.ipv.pt

ORGANISER:



CO-ORGANISER:



Università
di Catania



UNIVERSIDAD
DE GRANADA

PARTNERS:



UNIVERSITÀ
DEL SALENTO

Universidade de Vigo

